

A woman in a pink jacket and a child in a yellow jacket are ice skating together on an outdoor rink. The woman is wearing a white fur-lined hat and a white scarf. The child is wearing a yellow beanie. They are holding hands and skating on a snowy surface. In the background, there are other people skating and a building.

PLYMOUTH RECREATION DEPARTMENT

WINTER PROGRAM GUIDE 2024

REGISTER AND PAY ONLINE AT:
WWW.PLYMOUTHREC.COM
OR CALL 508-747-1620 X 10137

ABOUT THE RECREATION DEPARTMENT

The Recreation Department hours are:

7:30a - 4:00p Mon, Wed, Thurs 7:30a-6:30p Tues
7:30a-12:00p Fri

HOW TO REGISTER

Register online, in person or by mail. Complete the form on page 1 and submit it with your payment by mail or in person at the Recreation office, 26 Court St, Plymouth, MA 02360. WE ACCEPT CASH, CHECKS AND CREDIT CARDS (VISA, Mastercard & Discover).

NON-RESIDENT SURCHARGE

There is a \$10 per participant per program surcharge for non-Plymouth residents for most of our programs. The \$10 non-resident surcharge is non-refundable.

WHO IS A RESIDENT?

Resident rates for Recreation programs apply to those residing or owning a residence within the Town of Plymouth limits at the time registration is submitted.

AFTER YOU HAVE REGISTERED

If you provide us with a valid email address you will be emailed a receipt of all the programs you have registered for. If the class is full, you will be notified and placed on a waiting list.

REFUND POLICY

Unless otherwise stated, refunds/credits will only be available up to 5 business days prior to the first scheduled day of a program or activity. A \$10 administrative fee will be charged for processing the refund. If a program is canceled by the Recreation Dept, a full refund will be issued and no fee will be charged. There are no refunds for activities that require a uniform or jersey after it is ordered. We do not issue refunds for weather cancellations, make-up classes or location changes. The \$10 non-resident surcharge is also non-refundable.

FINANCIAL ASSISTANCE

All of our programs are self-supporting. If you have financial issues prohibiting your child from participating in our programs, please give us a call; we will try and do everything to make sure they participate in our programs. Scholarships are available to Plymouth Residents only.

WEATHER CANCELLATIONS

Please note: We cannot call everyone for weather cancellations. If you would like to know if a program is cancelled, please check our website www.plymouthrec.com or call our weather hotline 508-747-1620 Ext. 10321, 30 minutes prior to the start of your program.

AGE REQUIREMENTS FOR RECREATION PROGRAMS

Proof of age must be provided when registering your child for any Recreation Department program. Proof of age can be in the form of a birth certificate, passport, physical, or any other official document showing date of birth. We only need to verify the child's age once! For mail-in registrations, please include a copy of your proof of age which will be destroyed upon verification. Your child will not be allowed to start a program without their age being verified. ***Children must meet the minimum age for a program within the first day of the scheduled program start date.***

RECREATION DEPARTMENT STAFF

RECREATION DIRECTOR

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JOSEPH GOLDBERG
508-747-1620 Ext. 21100
jgoldberg@plymouth-ma.gov

LOCAL COMMUNITY ORGANIZATIONS

Plymouth Youth Soccer

www.plymouthyouthsoccer.com

Plymouth Vikings Football & Cheer

www.plymouthvikings.org

South Plymouth Football & Cheer (Jaguars)

www.psyf.net

South Plymouth Basketball

www.southbbball.com

Plymouth Girls Basketball

www.plymouthgirlsbasketball.org

North Plymouth Basketball Assoc.

www.pnhoops.com

Plymouth Little League

www.plymouthlittleleague.com

Plymouth Babe Ruth Baseball

www.plymouthbaberuth.com

Plymouth Youth Baseball & Softball

www.plymouthybs.org

Plymouth Youth Wrestling

plymouthyouthwrestling.com

Plymouth Youth Hockey

www.plymouthyouthhockey.net

Plymouth Rock Lacrosse (Boys+Girls)

www.plymouthrocklacrosse.com

South Plymouth Cub Scout Pack 1620

cubscoutpack1620@gmail.com

Cub Scout Pack #51

newmember.cubscoutpack51@gmail.com

Cub Scout Pack #47

Pack47plymouth@gmail.com

Boy Scouts Troop #64

Troop64plymouthma@gmail.com

Girl Scouts of Eastern Mass

www.girlscoutseasternmass.org

Plymouth Family Network

www.facebook.com/pfnpta

WINTER PRESCHOOL PROGRAMS

PRESCHOOL KARATE

AGES 4-6

Our classes will help your child develop balance, coordination, focus, listening skills and much more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform and belt for first time participants.

Instructor: Sensei Mike Murphy

Session 3: Friday January 5th-February 16th

Session 4: Friday March 1st-April 5th

Location: Smilin' Mike's Dojo of Champions (96 Long Pond Rd)

Time: 4:30p-5:00p Fee: \$90 per child (6 classes - no class 1/12)

BIDDY BASKETBALL

AGES 4-5

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 2: Saturday January 6th-February 3rd

Time E: 11:45a-12:30p

Session 3: Saturday February 17th- March 16th

Time A: 8:30a-9:15a Time B: 9:30a-10:15a

Session 3: Sunday February 18th-March 17th

Time C: 8:30a-9:15a Time D: 9:30a-10:15a

Location: Manomet Youth Center (659 State Road)

Fee: \$55 per child (5 classes)

PARENT & TOT DANCE

AGES 2-3 & PARENT

Does your toddler like to dance around the house and bob their head when they listen to music? Our Parent and Tot Dance class will introduce you and your child to the basics of dance through song, circle time, and what else but DANCING!

Instructor: Open Space Studio Instructor

Session 3: Thursday January 11th-February 8th

Session 3 Fee: \$46 per child (5 classes)

Session 4: Thursday February 29th-April 4th

Session 4 Fee: \$55 per child (6 classes)

Time: 9:30a-10:00a

Location: Manomet Youth Center (659 State Rd)

PRESCHOOL DANCE

AGES 3-6

The preschool class is a combination of Ballet, Tap, and Jazz. This class teaches rhythm, body position, counting, and song and dance while developing an interest in dance. 3 year olds must have taken Parent and Tot dance before they can take Preschool Dance.

Instructor: Open Space Studio Instructor

Session 3: Thursday January 11th-February 8th

Session 3 Fee: \$50 per child (5 classes)

Session 4: Thursday February 29th-April 4th

Session 4 Fee: \$60 per child (6 classes)

Time: 10:15a-11:00a

Location: Manomet Youth Center (659 State Rd)

TUMBLE WITH ME

AGES 2-3 & PARENT

A coach will guide the parents and children through various circuits that will begin to develop the basics for gymnastics. Parents are actively involved with their children while they explore the equipment. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills. This class will help children become more independent and prepare them for the Advanced Tumble with Me class.

Instructor: Coach Catherine & Coach Kristine

Session 3: Wednesday January 10th-February 14th

Session 4: Wednesday February 28th-April 3rd

Time A: 9:30a-10:00a or Time B: 10:05a-10:35a

Fee: \$50 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

ADVANCED TUMBLE WITH ME

AGES 3-5

This class is designed for children that feel confident following directions and participating in a group environment type of class without their parent's presence. We will help your child develop strength, perceptual and gross motor development, directionality, following sequences & directions, body awareness and coordination skills. *3-year-olds must have taken a Tumble With Me Class prior to registering for the Advanced Class* Participants not meeting this qualification will be canceled out of the program immediately and a credit on the child's Plymouth Recreation account will be applied, minus the \$10 cancellation fee*

Instructor: Coach Catherine & Coach Kristine

Session 3: Wednesday January 10th-February 14th

Session 4: Wednesday February 28th-April 3rd

Time: 10:45a-11:30a

Fee: \$60 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

LITTLE SPORTS STARS

AGES 2-3 & PARENT

Looking for something to do with your child that will wear them out and teach them about sports? Then this class is for you!! Children will learn about various sports each week from soccer to t-ball. Parent participation is required.

Session 6: Tuesday January 9th-February 13th

Session 7: Tuesday February 27th-April 2nd

Time A: 10:00a-10:30a or Time B: 10:35a-11:05a

Fee: \$50 per child (6 classes)

Location: Memorial Hall-Auditorium (83 Court St)

SPORTS STARS

AGES 3-6

Every week children will be introduced to a new sport including basketball, baseball, soccer, and floor hockey. Each class will incorporate age-appropriate skills, within a structured coaching environment, to help develop coordination, agility and instill a love of team play in each child. With the children playing a number of different sports, you will see progression in their catching, throwing, kicking, and basic coordination abilities. (If age is 3, must have taken Little Sports Stars class first)

Session 3: Tuesday January 9th-February 13th

Session 4: Tuesday February 27th-April 2nd

Time: 1:45p-2:30p

Fee: \$55 per child (6 classes)

Location: Manomet Youth Center (659 State Rd)

WINTER PRESCHOOL PROGRAMS

QUICK START TENNIS

AGES 4-6

Students will work with foam balls and smaller nets and will work up to red dot balls. This is an entry level to learn tennis skills with fun games! All Pros are USTA and USPTR certified. Racquets will be provided if needed free of charge.

Session 3: Tuesday January 9th-February 13th

Session 4: Tuesday February 27th-April 2nd

Time A: 4:30p-5:00p

Time B: 5:00p-5:30p

Fee: \$95 per child (6 classes)

Location: Village Sports Club (30 Golf Drive)

INDOOR SMART SOCCER

AGES 4-7

This program is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-sided play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship. *Shin guards are recommended for children, but are not required*

Session 2: Tuesday January 9th-February 13th

Session 3: Tuesday March 5th-April 9th

Ages 4-5: 4:30p-5:30p

Ages 6-7: 5:40p-6:40p

Location: Memorial Hall - Auditorium (83 Court St)

Fee: \$80 per child (6 classes)

FREE PLAY FRIDAY'S

AGES 12 MONTHS-4

Free Play is a parent supervised session for infants-preschool aged children. Children are free to explore our wonderful gymnastics area and use all the traditional gymnastics equipment such as balance beams, trampolines, and wedge mats. We also have an awesome range of special climbing equipment through soft shapes and play huts.

Session 2: Friday January 12th-February 16th

Session 3: Friday March 1st-April 12th

Time: 9:30a-11:30a

Location: Manomet Youth Center (659 State Rd)

Fee: \$24 for all 6 Fridays, or \$5 per day drop in (no class 3/29)

TOT SMART SOCCER

AGES 2&3 WITH PARENT

Do you really want your child to participate in the Smart Soccer program but they are too young? This class will use the same curriculum as the Saturday Smart Soccer groups, but will require parent participation. Space is VERY limited.

Session 4: Monday January 8th-February 26th

Session 5: Monday March 11th-April 22nd

Time A: 10:00a-10:30a or Time B: 10:35a-11:05a

Fee: \$50 per child (6 classes - no class 1/15, 2/19 or 4/15)

Location: Memorial Hall-Auditorium (83 Court St)

PRESCHOOL OOEY GOOEY SLIMEY FUN!

AGES 3-6 & PARENT

Kids who are slime lovers will have a blast trying out all these slime recipes and will have a blast using different ingredients for slime. During this program children will make slime and will have tons of cool slime creations to bring home.

Instructor: Coach Catherine

Session 2: Tuesday March 12th-April 2nd

Location: Manomet Youth Center (659 State Rd)

Time: 11:00a-11:45a

Fee: \$60 per child (4 classes)

ARTSY TOTS

AGES 2-4 & PARENT

Enjoy creative self-expression with your toddler. A variety of projects will encourage toddlers to create art while exploring paint, glue and more. There will be a focus on fun while developing hand-eye coordination and small motor skills. Each week will feature a story followed by crafts relating to the book.

Session 3: Tuesday January 9th-January 30th

Time: 11:00a-11:45a

Fee: \$40 per child (4 classes)

Location: Manomet Youth Center (659 State Rd)

ONE-HIT WONDER WORKSHOPS

Come join us while we read, craft, and decorate our way through the holidays! Grab your little ones and head our way for an hour of family bonding while creating memories and momentos that will last forever!

Ages: 2-5 with Parent Participation Fee: \$10 per workshop

Time: 10:00a-11:00a

Location: Memorial Hall - Blue Room (83 Court St)

Valentine's Day

Valentine's Day is a great excuse for a crafty session with the kids. After all there is nothing better than getting a little something made by someone you love! Join us for a Valentine's Day themed children's story followed by a variety of crafts to bring home!

Date: Thursday February 8th

St. Patrick's Day

Celebrate St. Patrick's Day with our collection of St. Patrick's Day crafts for kids! We will read a short story followed by crafts involving leprechauns, pots of gold, rainbows and shamrocks, all the traditional St. Patrick's Day symbols!

Date: Thursday March 14th

Spring

With springtime comes a celebration of baby chicks and fluffy bunnies! This is a wonderful time for a short story and to do some crafts with your kids! Make spring more fun than ever with these wonderful spring-themed projects!

Date: Thursday April 4th

MANOMET YOUTH CENTER

Check out our website for information on membership, 1/2 days, and vacation days!

www.plymouthrec.com

WINTER YOUTH PROGRAMS

WINTERLAND LEARN TO ICE SKATE

AGES 4-15

For participants with little or no formal skating instruction, the group skating classes teach skating basics in a fun and comfortable environment. Skaters will be grouped by age and/or ability if possible.

- A helmet, such as a bike helmet or HECC helmet is required
- Rental skates are available on a first-come, first-served basis and included in the class fee. You are welcome to bring your own skates, but double blade skates are not permitted
- Participants must be potty trained and capable of following directions.

Instructor: Winter Wonderland Instructors

Session 3: Sunday January 7th-February 25th

Session 4: Sunday March 3rd-April 28th

Time: 2:00p-2:50p

Fee: \$184 per child (8 classes - no class 3/31)

Location: Armstrong Arena (103 Long Pond Rd)

FMC LEARN TO ICE SKATE- YOUTH & TOT

AGES 4-15

For participants ages 4-15 with little or no formal skating instruction, our group skating classes teach skating basics in a fun and comfortable environment. This program helps prepare participants for all skating goals – hockey, figure skating or recreational skating with family and friends. Start your skating journey here and continue through our affiliated organizations. Skaters will be grouped by age and/or ability as possible.

- A helmet, such as a bike helmet or HECC helmet, is required and must be provided by the participant. Label the helmet with First Name, Last Initial on the front before arriving.
- Rental skates are available on a first-come, first-served basis and included in the class fee. You are welcome to bring your own skates, but double blade skates are not permitted
- Participants must be potty trained
- Participants learn falling down and getting up the first week. Help your skaters with this first lesson by viewing our instructional video and working with participants before you arrive: <https://www.youtube.com/watch?v=jF5uPzEEY8Y>

Instructor: FMC Instructors

Session 3: Wednesday January 3rd-February 21st

Session 4: Wednesday February 28th-April 17th

Youth (Ages 6-15) Time: 4:30p-4:55p

Tot (Ages 4-6) Time: 4:55p-5:20p

Fee: \$160 per child (8 classes)

Location: Armstrong Arena (103 Long Pond Rd)

HIP HOP DANCE

AGES 6-9

This is a high energy class that teaches the popular moves of today. You will learn combinations and dance routines that will get your body moving, and have you closer to looking like a dancer in your favorite music video. At the end of the 6 weeks your child will perform their routine on stage!

Session 3: Monday January 8th-February 26th

Session 4: Monday March 11th-April 22nd

Instructor: Open Space Dance Studio

Location: Memorial Hall- Blue Room (83 Court St.)

Time: 5:00p-5:45p

Fee: \$55 per child (6 classes - no class 1/15, 2/19 & 4/15)

LITTLE HOT SHOTS TENNIS

AGES 7-9

Students will work with red dot balls and transition to real tennis balls. Students will learn the fundamentals of all strokes. All Pros are USTA and USPTR certified. Rackets will be provided if needed free of charge.

Session 3: Tuesday January 9th-February 13th

Session 5: Tuesday February 27th-April 2nd

Session 4: Monday January 8th-February 26th

Session 6: Monday March 11th-April 22nd

Location: Village Sports Club (30 Golf Drive)

Time: 5:30p-6:30p

Fee: \$135 per child (6 classes - no class 1/15, 2/19 & 4/15)

HOT SHOTS TENNIS

AGES 10-12

Students will train with real tennis balls and on a full court. Students will learn the fundamentals of all strokes and will start work on match play. All Pros are USTA and USPTR certified. Rackets will be provided if needed free of charge.

Session 3: Thursday January 11th-February 15th

Session 4: Thursday February 29th-April 4th

Location: Village Sports Club (30 Golf Drive)

Time: 4:30p-5:30p

Fee: \$135 per child (6 classes)

MIDDLE/HIGH SCHOOL LEVEL 1 TENNIS

AGES 13-16

Students will enhance their skills to get prepared to have match play. Students will work on footwork and positioning. Rackets will be provided if needed free of charge.

Session 3: Tuesday January 9th-February 13th

Session 4: Tuesday February 27th-April 2nd

Location: Village Sports Club (30 Golf Drive)

Time: 3:30p-4:30p

Fee: \$135 per child (6 classes)

MIDDLE/HIGH SCHOOL LEVEL 2 TENNIS

AGES 13-17

This program is designed to improve students skills so they can advance to a higher level. Students will learn spins and placement of the ball. Rackets will be provided if needed free of charge.

Session 3: Thursday January 11th-February 15th

Session 4: Thursday February 29th-April 4th

Location: Village Sports Club (30 Golf Drive)

Time: 3:30p-4:30p

Fee: \$135 per child (6 classes)

GIRL'S COMETRY ARCHERY

AGES 9-14

This is an introductory class for girls ages 9 to 14 years old. This beginner archery class will focus on learning the fundamentals of archery. All our target games were developed to introduce basic shooting skills using the National Training System. The girls will have fun while learning proper shooting form, basic range safety rules, and general knowledge of archery equipment. They will also enjoy shooting balloons and other fun target games!

Date: Wednesday February 7th

Time: 6:15p-7:15p

Fee: \$35 per child (1 class)

Location: Manomet Youth Center (659 State Rd)



WINTER YOUTH PROGRAMS

INDOOR FLAG FOOTBALL CLINIC

AGES 7-9

Participants will be put through various drills and activities during the clinic, which will help them develop their flag football skills and gain a better understanding of the game.

Instructor: Coach Sam

Session 1: Wednesday January 10th-February 14th

Session 2: Wednesday February 28th-April 3rd

Time: 4:30p-5:15p Fee: \$50 per child (6 classes)

Location: Memorial Hall - Auditorium (83 Court St)

YOUTH YOGA

AGES 8-13

Children will learn how to focus and center themselves with various breathing and visualization techniques. They will also learn self-respect and respect for others with the practice of fun and challenging Yoga poses and Yoga games. Children must bring their own Yoga mat.

Instructor: Jaime Houde

Session 1: Wednesday February 28th-March 20th

Time: 4:45p-5:30p

Fee: \$45 per child (4 classes)

Location: Memorial Hall - Blue Room (83 Court St)

YOUTH BASKETBALL

AGES 6-9

This program teaches kids the basics of basketball in an exciting environment. Kids will be taught fundamental basketball skills as well as participate in fun games using previously learned skills. This is a great program for any child to get started in basketball.

Session 2: Saturday January 6th - February 3rd

C: 6&7 Time: 1:00p-2:00p

D: 8&9 Time: 2:15p-3:15p

Session 3: Saturday February 17th - March 16th

A: 6&7 Time: 10:30a-11:30a

B: 6&7 Time: 11:45a-12:45p

C: 6&7 Time: 1:00p-2:00p

D: 8&9 Time: 2:15p-3:15p

Session 2: Sunday January 7th-February 4th

E: 6&7 Time: 10:30a-11:30a

Session 3: Sunday February 18th-March 17th

E: 6&7 Time: 10:30a-11:30a

Location: Manomet Youth Center (659 State Road)

Fee: \$65 per child (5 classes)

LACROSSE! COME TRY IT!

AGES 6-11

Is your child interested in learning more about the sport of lacrosse? This intro 101 lacrosse clinic will cover the basic rules of the sport through fun games and drills. Lacrosse regulations, safety, equipment, and demonstrations will give beginners an understanding of the game. No lacrosse equipment required except for mouth guards.

Instructor: Coach Sam

Date: Wednesday January 10th

Ages 6-8 Time: 5:30p-6:30p

Ages 9-11 Time: 6:45p-7:45p

Fee: \$20 per child (1 class)

Location: Memorial Hall Auditorium (83 Court St)

BABYSITTER SAFETY TRAINING

AGES 11.5 & UP

A child care safety education course for new and seasoned babysitters. Teaches child development, practical child care skills, basic first-aid, how to handle emergencies, and the characteristics and responsibilities of a successful babysitter. Please bring: a lunch, a doll or stuffed animal to practice diapering and choke saving techniques, and a "Babysitter's Magic Bag" filled with interesting and safe items that kids would like.

Session 1: Saturday February 24th

Instructor: Bette Antonellis

Location: Memorial Hall- Blue Room (83 Court St.)

Time: 9:30a-12:00p

Fee: \$55 per child (1 class)

HOME ALONE & STAYING SAFE

GRADES 4 & 5

A course for fourth & fifth graders to learn about safety to and from school, phone and food safety, first aid and choking, as well as emergency prevention. Instruction includes basic self-defense.

Session 1: Saturday March 2nd

Instructor: Bette Antonellis & Denise Laiosa

Time: 9:30a-12:00p

Fee: \$55 per child (1 class)

Location: Memorial Hall- Blue Room (83 Court St)

OUTERSPACE & PHYSICS FUN

AGES 6-10

Come join an exciting world of space exploration as you build and take home your very own Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun powered by battery or solar power. Check out our real meteorite fragment samples! Take part in other exciting activities involving physics, air pressure, and density. Take home your own cosmic rocket and watch it shoot up fifty feet into the air! Be mesmerized as you assemble and take home your own stunt plane and learn about the four major forces of flight. You will also witness some really neat demonstrations from your instructor. Watch as an egg is magically sucked into a bottle, behold a tornado being created, and much much more in this fun and exciting program!

Instructor: Minds in Motions

Dates: Wednesday January 24th-March 6th

Location: Memorial Hall - Green Room (83 Court St)

Time: 4:30p-5:30p

Fee: \$135 per child (6 classes - no class 2/21)

INTRO TO KARATE

AGES 7-12

Our classes help your child develop balance, coordination, focus, listening skills and more. Each class combines fun cardiovascular exercises with martial arts training drills that will challenge and help build self-esteem through positive reinforcement. No matter what the situation, your child will develop an "I CAN" attitude to achieve any goal. If you work hard enough you will achieve it! Our classes will show your child that physical fitness is fun and rewarding. Fee includes uniform, belt & school patch.

Instructor: Sensei Mike Murphy

Session 3: Friday January 5th-February 16th

Session 4: Friday March 1st-April 5th

Location: Smilin' Mike's Dojo of Champions (96 Long Pond Rd)

Time: 5:15p-6:00p

Fee: \$90 per child (6 classes - no class 1/12)

NEED FINANCIAL ASSISTANCE?

REACH OUT!

WE HAVE SCHOLARSHIPS AND PAYMENT PLANS FOR OUR PROGRAMS!

WINTER YOUTH PROGRAMS

INTRO TO CROSSFIT FOR TEENS AGES 12-17

CrossFit Teens is a strength and conditioning program designed for both athletes and non-athletes ranging from ages 12-17. The program combines age-appropriate weightlifting and gymnastics with high intensity training scaled to individual ability to deliver optimal fitness and performance, as well as to establish a lifetime love of fitness.

Participants can choose 1 day a week during the 8 week session to attend class.

Session 2: Tuesday or Thursday January 9th-February 29th
Session 3: Tuesday or Thursday March 12th-May 2nd
Time: 5:15p-6:15p Fee: \$100 per child (8 classes)
Location: Baystate Crossfit (114 Long Pond Rd)

INTRO TO CROSSFIT FOR KIDS AGES 6-11

CrossFit Kids is a strength and conditioning program that is specifically designed for kids and helps them develop a lifelong love of fitness. In a group setting, children participate in fun and engaging workouts that deliver measurable results and prepare them to be well-rounded athletes.

Session 2: Monday January 8th-February 26th
Session 3: Monday March 11th-April 29th
Time: 6:15p-7:00p Fee: \$100 per child (8 classes)
Location: Baystate Crossfit (114 Long Pond Rd)

VIDEO GAME CLUB AGES 6-12

Video Game Club is a program that will provide kids a safe, fun, and competitive club, where they can play video games with their friends. The games that will be offered are Super Smash Brothers, Mario Kart, Minecraft and more. The games will all be played on a Nintendo Switch.

Session 3: Thursday January 11th-February 15th
Session 4: Thursday February 29th-April 4th
Location: Manomet Youth Center (659 State Rd)
Time: 5:30p-6:45p Fee: \$25 per child (6 classes)

GIRLS FLAG FOOTBALL COME TRY IT!

Did you know flag football is now an Olympic Sport?! This clinic will teach your daughter the basics of football including positions, proper catching & throwing technique, team building exercises and more! The staff strives to provide a high-paced, high-energy, and positive environment for players to develop and learn the game.

Session 1: Wednesday February 21st
Session 2: Wednesday April 17th
Location: Memorial Hall- Auditorium (83 Court)
Time: 4:30p-5:30p Fee: \$5 per child (1 class)



VACATION PROGRAMS

APRIL VACATION ARCHERY CLINIC AGES 8-12

Explore Archery is a versatile education activity program that is fun, rewarding, progressive, and most important – SAFE! In Explore Archery, students participate in individual and team-building activities that require fundamental skills, a competitive edge and a bit of creativity. Students will learn the basic steps to the shot cycle as well as range safety and etiquette. Whether participants are trying to pop a balloon or shoot a Robin Hood, they will stay engaged and keep coming back for more! All equipment is provided, and no prior experience is needed.

Instructor: Dee Sachetti
Date: Tuesday April 16th - Thursday April 18th
Time: 9:30a-11:30a
Fee: \$120 per child (3 classes, 4/19 rain make up date)
Location: Forges Adult Softball Field 1 (83 Jordan Rd)

APRIL VACATION SOCCER CLINIC AGES 4-11

We have partnered with New England Futsal to offer this fun and exciting clinic. It provides a great soccer experience, creating a dynamic and fun-filled environment, designed to stimulate ALL players regardless of age or ability. Players will embrace their fun-filled week building soccer skills, friendships and a love of the sport.

Dates: Tuesday April 16th-Thursday April 18th
Location: Forges Soccer Field #1 (83 Jordan Rd)

Little Kickers

Ages: 4-6 year olds
Time: 9:00a-10:30a Fee: \$60 per child

Soccer Juniors

Ages: 7-11 year olds
Time: 10:30a-1:00p Fee: \$80 per child

VACATION FLAG FOOTBALL CLINICS AGES 7-13

This clinic is designed as an introduction to football, teaching the skills of passing, receiving, running with the ball, and defense. The clinic will stress skill development and game competition.

February: Tuesday February 20th-Thursday February 22nd
Location: Memorial Hall - Auditorium (83 Court St)
April: Tuesday April 16th-Thursday April 18th
Location: Forges Lower Football Field (83 Jordan Rd)
Time: 1:00p-3:00p Fee: \$65 per child (3 classes)

Rain make-up for April Vacation is Friday April 21st

FEBRUARY & APRIL VACATION ARTS & CRAFTS CLINICS AGES 6-10

These clinics encourage kids to explore their creativity through projects like mask making, crayon art, slime and much more. Supplies are provided, but you'll need to bring your creativity!

February: Tuesday February 20th-Thursday February 22nd
April: Tuesday April 16th-Thursday April 18th
Time: 9:30a-11:30a Fee: \$65 per child (3 classes)
Location: Memorial Hall - Green Room (83 Court St)

VACATION DAYS AT THE YOUTH CENTER

This program provides a fun and exciting environment for your child. They can come and spend their days at the Youth Center during school vacations while you are at work or they just need a break! Staff will run organized games in our gym, arts & crafts, and have access to our game room with ping pong, air hockey, billiards, Nintendo Switch and more!

Location: Manomet Youth Center (659 State Rd) Time: 7:00am-6:00pm Ages: 6-12
Fee: MYC Members-\$10 Non-MYC Members-\$15

Dates: 11/22, 12/27, 12/28, 12/29, 2/20, 2/21, 2/22, 2/23, 3/5, 3/29, 4/16, 4/17, 4/18, 4/19

The Youth Center is closed: 11/23, 11/24, 12/25, 12/26, 1/1, 1/15, 2/19, 4/15, 5/27

Weather Hotline: 508-747-1620 Ext. 10321 or www.plymouthrec.com | Office: 508-747-1620 Ext. 10137

Winter 2024 | Plymouth Recreation Department Program Guide

KID'S NIGHT OUT

Ages 6-12

The Manomet Youth Center will be hosting three Friday night "Parties". They are open to everyone and membership is NOT required. In addition to the specialized activities at each of the parties, kids will also have the opportunity to hang out in the common room and challenge each other to matches of ping-pong, pool and air hockey! Pizza and drinks are provided.

Fee: \$15 per child per night Time: 6:00p-9:30p



VIDEO GAME NIGHT

We will have video game tournaments all night! Super Smash Brothers, Mario Kart, and more! Prizes awarded to the top finishers!

When: Friday January 19th

DODGEBALL NIGHT

Dive, Dodge, Duck, Dodge! We will be having our second annual Dodgeball Kids Night Out. We will play mini tournaments all night.

When: Friday February 9th

GAGA NIGHT

Come join us as we set up our inflatable gaga pit in the gym and play all night! Gaga is a fast paced dodge ball like sport played in an octagonal pit!

When: Friday March 8th

VACATION STEM PROGRAMS

ELECTRICITY & MAGNETMANIA

AGES 7-11

Learn all about electronics, magnetism, and more in this fun and educational hands-on workshop! Take part in our Minds in Motion electronic lab and take home your very own circuit kit. With the aid of your instructor, simply follow the colorful pictures in your manual to build up to 100 exciting projects such as a flying saucer, alarm, and doorbell! All parts are mounted on plastic modules and snap together with ease. You will also take part and witness many cool magnetic experiments including making and taking home the World's Simplest Motor! Watch electricity being produced by a hand held generator and take part in a cool activity involving a very powerful magnet. Behold a special magnetic top levitating and much much more!

Date: Tuesday February 20th-Friday February 23rd Time: 9:00a-12:00p

Location: Memorial Hall-Blue Room (83 Court St)

Fee: \$155 per child (4 days)

HANDS ON HYDO-POWER

AGES 7-11

Come explore the power of water by building models and conducting experiments with your very own Hydropower kit! With your renewable energy kit that you keep and take home, you can assemble up to 12 working experiments. Learn how different devices are used to extract useful energy, from a waterwheel in a small stream to a giant turbine in a tidal power station! The full-color, 32-page manual offers illustrated instructions and scientific information. Build a sawmill, and a hammer mill to harness the energy of moving water to do different types of physical work! With your classmates, you will witness and investigate the intriguing properties of water involving surface tension, adhesion, and cohesion. Construct a hydroelectric power station to generate electricity and light an LED! Learn where the energy in ocean waves, tides, and rivers comes from, and discover how we can generate electricity from them. Come join in this educational and hands-on hydropower fun!

Date: Tuesday February 20th-Friday February 23rd Time: 12:30-3:30p

Location: Memorial Hall-Blue Room (83 Court St)

Fee: \$155 per child (4 days)

CHEMICAL CREATIONS

AGES 6-10

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will work on and take home your very own Chemistry Lab Kit complete with test tubes, safety goggles, and more! Learn and discover many different scientific concepts in an entertaining and innovative approach. You will be trained to work like a real scientist in the lab. You will also make and take home some really cool chemical creations! Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! Make your very own UV bracelet and watch it react to the sun. You will also get to witness some amazing scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, magic sand, and many other exciting experiments in this fascinating and educational program!

Date: Tuesday April 16th-Friday April 19th Time: 9:00a-12:00p

Location: Memorial Hall-Blue Room (83 Court St)

Fee: \$155 per child (4 days)

X IN 1 RENEWABLE ENERGY KIT

AGES 6-10

Assemble up to five different vehicles, three different dinosaurs, and two windmills as you work on and take home your very own Renewable Energy Kit! With the X in 1 Renewable Energy Kit, you will construct ten animated building options with child friendly parts that function indoors with the use of a Hand Generator, outdoors with the use of the XL Solar Panel, and indoors and outdoors with the Wind Powered LED. Developing manual dexterity and building confidence has never been this fun! You will learn three separate renewable energy concepts: Hand Generator power, Solar power, and Wind power. With the aid of your instructor, you will utilize the colored instruction manual and work with over 115 pieces to build up to ten exciting models! What is most important, no batteries are required. Indoors or out, this kit operates 100% on renewable energy. With X in 1 Renewable Energy Kit, the fun never has to end!

Date: Tuesday April 16th-Friday April 19th Time: 12:30-3:30p

Location: Memorial Hall-Blue Room (83 Court St)

Fee: \$155 per child (4 days)

WINTER ADULT PROGRAMS

COED ADULT DODGEBALL LEAGUE

We are bringing back the playground game! Teams will play each team 3 times. Teams will receive points for each win they receive. Teams only need to have 1 female on the court at a time, 6 players per side. Series will be 10 minutes long, playing 3 different teams a night (up to 9 games per night). For more rules please contact Sam Botelho at sbotelho@plymouth-ma.gov. Teams will play 8 nights of games. The team with the most points at the end of the season will be crowned Champions of the League!

This league fills quickly. Only 10 teams will be taken.

Dates: Wednesday January 24th-March 20th
Location: Memorial Hall - Auditorium (83 Court St)
Time: Games start at 7:00p
Fee: \$250 per team (max 10 on a team)



INDOOR AM PICKLEBALL

AGES 18+

Come join us indoors at Memorial Hall for the fastest growing sport in America! The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. It's a fun sport that combines many elements of tennis, badminton and ping pong. We will provide all the equipment and 2 courts.
Session 2: Wednesday January 10th-February 21st
Session 3: Wednesday March 6th-April 10th
Beginners/Intermediate: 8:00a-9:30a
Intermediate/Advanced: 9:30a-11:00a
Fee: \$30 per person (6 classes - no class 1/17)
Location: Memorial Hall - Auditorium (83 Court Street)

INDOOR PM PICKLEBALL

AGES 18+

Come join us indoors at Memorial Hall for the fastest growing sport in America! The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast paced, competitive game for experienced players. It's a fun sport that combines many elements of tennis, badminton and ping pong. We will provide all the equipment and 2 courts.
Session 6: Monday January 8th-February 26th
Session 7: Thursday January 11th-February 22nd
Session 8: Monday March 11th-April 22nd
Session 9: Thursday March 7th-April 11th
Time: 6:00p-8:00p
Fee: \$30 per person
(6 classes - no class 1/15, 1/18, 2/19, 4/15)
Location: Memorial Hall - Auditorium (83 Court Street)

BEGINNER PICKLEBALL LESSONS

AGES 18+

Come learn the latest racquet sport craze! All the basics will be taught; handling and use of racquet, court positioning, game strategy, and scoring. This is an introductory instructional program. Lessons will be taught on the new indoor pickleball courts at Village Sports Club!

Paddles are provided by Village Sports Club if needed

Session 3: Thursday January 11th-February 15th
Session 4: Thursday February 29th-April 4th
Location: Village Sports Club (30 Golf Drive)
Time A: 9:00a-10:00a
Time B: 10:00a-11:00a
Time C: 11:00a-12:00p
Fee: \$105 per person (6 classes)

INDOOR TENNIS ADULT LEVEL 1

AGES 18+

This program is designed for the player who wants to improve their technique. A review of all strokes, players will work on understandings positioning for match play. All Pros are USTA and USPTR certified. Racquets available to use free of charge.
Session 3: Tuesday January 9th-February 13th
Session 4: Tuesday February 27th-April 2nd
Location: Village Sports Club (30 Golf Drive)
Time: 6:30p-7:30p
Fee: \$135 per person (6 classes)

INDOOR TENNIS ADULT LEVEL 2

AGES 18+

This program is to improve strokes and strategy. Players will learn spin and advance their knowledge of a higher level game. All Pros are USTA and USPTR certified. Racquets available to use free of charge.
Session 3: Thursday January 11th-February 15th
Session 4: Thursday February 29th-April 4th
Location: Village Sports Club (30 Golf Drive)
Time A: 5:30p-6:30p
Time B: 6:30p-7:30p
Fee: \$135 per person (6 classes)

MENS PICK-UP BASKETBALL

AGES 18+

Come join our popular pick-up basketball at the Manomet Youth Center. Space is limited to 18 per night so pre-registration is encouraged to secure your spot! This ensures that everyone gets plenty of time to play.
Session 2: Thursday January 11th-March 7th
Session 3: Thursday March 21st-May 16th
Location: Manomet Youth Center (659 State Rd)
Time: 7:15p-9:15p
Fee: \$40 per person (8 nights - no basketball 2/22 or 4/18)

MASTERS BAYSTATE CROSSFIT

AGES 45+

Muscular strength is a predictor of longevity, and Sarcopenia is the age-related progressive loss of muscle mass and strength. The primary treatment for Sarcopenia is exercise, specifically strength training. We'll help you build strength, mobility, stability, balance, unilateral strength, and principles that counteract the natural occurrence of lost muscle mass as you age. **Participants can choose 2 days a week during the 8 week session to attend classes.**
Session 2: Monday January 8th-Friday March 1st
Session 3: Monday March 11th-Friday May 3rd
Choose two days weekly: Monday, Wednesday, Thursday or Friday
Time: 6:30a-7:30a
Fee: \$190 per person (16 classes)
Location: Baystate Crossfit (114 Long Pond Rd)

ADULT INTRO TO CROSSFIT

AGES 18+

Think small group classes while being personally trained. You can expect to move through about 5-15 minutes of a warmup followed by a skill or strength section before moving into whatever the workout is programmed for the day. Movements/workouts are individually adjusted and scaled for each athlete based on their physical ability. **Participants can choose up to 3 different classes a week to attend, on Monday, Tuesday, Wednesday, Thursday or Friday.**
Session 2: Monday January 8th-Friday March 1st
Session 3: Monday March 11th-Friday May 3rd
Daily Times Available: 5:00a, 8:00a, 9:15a or 5:15p
Fee: \$190 per person (24 classes)
Location: Baystate Crossfit (114 Long Pond Rd)

WINTER ADULT PROGRAMS

PILATES

AGES 18+

Pilates is a holistic system of exercises for improving muscular strength, endurance, and flexibility to achieve muscular balance; all with attention to conscious breath and mindfulness of the movements. In essence, it is a system designed to treat the "Whole Body", "Mind, Body, & Spirit". Please bring a Yoga mat to class each week.

Instructor: Laurette Ryan

Session 3: Monday January 8th-February 26th

Session 4: Monday March 11th-April 22nd

Location: Memorial Hall - Blue Room (83 Court St)

Time: 6:00p-7:00p

Fee: \$55 per person (6 classes - no class 1/15, 2/19, 4/15)

CARDIO DANCE PARTY WORKOUT

AGES 18+

Fun dancing through the decade' workout. Enjoyable dance-style cardio class with favorite pop music from the 70s, 80s, 90s and today. All fitness levels welcome. Comfortable clothing, sneakers and water bottle recommended. Burn calories and have fun doing it!

Instructor: Laurette Ryan

Session 3: Monday January 8th-February 26th

Session 4: Monday March 11th-April 22nd

Time: 7:05p-8:05p

Location: Memorial Hall - Blue Room (83 Court St)

Fee: \$55 per person (6 classes - no class 1/15, 2/19, 4/15)

KRIPALU YOGA

AGES 18+

Looking for yoga experiences that will make you feel fabulous? Under the guidance of our certified instructor Jayne Sutton you will explore stretches and postures designed to open up your entire body. Simple breathing techniques will be introduced to help calm the mind and energize your body. Participants must be able to get up and down from the floor without assistance (chair). Participants must supply their own exercise mat.

Instructor: Jayne Sutton

Session 3: Thursday January 11th-February 15th

Session 4: Thursday February 29th-April 4th

Location: Memorial Hall - Blue Room (83 Court Street)

Time: 6:30p-7:45p Fee: \$65 per person (6 classes)

BELLES & BOWS - LADIES ARCHERY

AGES 18+

Archery nourishes Mind, Body and Spirit; it helps to calm the mind, strengthen the body and access the spirit within. It can help improve concentration and attention and strengthen the upper body muscles that, in women, are typically the weakest. Many people find that when they are doing archery, they have a connection to an inner peace that helps them tap into spirit.

A woman is the full circle. Within her is the power to create, nurture and transform. This is a 90 min. class that includes instruction from Dee Sacchetti, Certified Level II USA Archery Instructor, and owner of Dee's Archery Events. We will be focusing on basic form and instinctive aiming techniques. Also includes use of equipment or, feel free to bring your own. No experience needed.

Session 1: Wednesday February 28th-March 20th

Location: Manomet Youth Center (659 State Rd)

Time: 6:15p-7:45p

Fee: \$150 per person (4 classes)



INTRO TO COUNTRY LINE DANCING

AGES 18+

Here is a beginner level class to learn popular country, pop and ballroom line dances. Great exercise and lots of fun. No partner required.

Instructor: Paul & Kelly Wybieracki

Session 3: Tuesday January 9th-February 13th

Session 4: Tuesday February 27th-April 9th

Location: Memorial Hall - Blue Room (83 Court St)

Time A: 5:00p-6:00p

Time B: 6:05p-7:05p

Fee: \$55 per person (6 classes - no class 3/12)

INTRO TO FOXTROT FOR COUPLES

AGES 18+

A beautiful, romantic dance, the foxtrot is composed of fairly simple walking steps and side steps. The dance combines slow steps, which use two beats of music, and quick steps, which use one beat of the music. The footwork timing is usually "slow, quick, quick" or "slow, slow, quick, quick. The foxtrot is typically danced to big band swing-style music. ***This is a partner's only class***

Instructor: Paul & Kelly Wybieracki

Dates: Tuesday January 9th-February 13th

Location: Memorial Hall - Blue Room(83 Court St)

Time: 7:15p-8:15p

Fee: \$130 per couple (6 classes)

INTRO TO RUMBA FOR COUPLES

AGES 18+

Rumba is universally recognized as the dance of love. It is danced to slow, sensual music with a Latin beat and features a hip action known as "Cuban Motion." Rumba is derived from the Afro-Caribbean dance "Son" and has been popular in this country as a ballroom dance since the 1930's. ***This is a partner's only class***

Instructor: Paul & Kelly Wybieracki

Dates: Tuesday February 27th-April 9th

Location: Memorial Hall - Blue Room (83 Court St)

Time: 7:15p-8:15p

Fee: \$130 per couple (6 classes - no class 3/12)

INTRO TO KNITTING

AGES 18+

Learn the basic knit and purl stitch as well as the cast off and an easy cast on technique. Learn about the many options and characteristics of yarn and needles available. Additionally, participants will begin to learn how to read a pattern. Participants will have the option to select and begin their own first knit project at the end of the class.

Instructor: Plymouth Harbor Knits - Jennifer Bernard

Session 3: Wednesday January 10th-31st

Session 3 Time: 4:30p-6:00p

Session 4: Saturday March 9th-30th

Session 4 Time: 11:30a-1:00p

Location: Plymouth Harbor Knits (170 Water St, Village Landing)

Fee: \$65 per person (4 classes)

PICKLEBALL TIPS & TECHNIQUES

AGES 18+

New to Pickleball and looking for a place to learn? Then join pickleball ambassador, Joe Rofe for tips and techniques on how to play! Joe will provide instruction and tips during the first 45 minutes of the class, followed by match play during the last 45 minutes. Instruction and help will still be provided during matches.

Instructor: Joe Rofe & Peter Duggan

Session 2: Tuesday January 23rd-February 27th

Session 3: Tuesday March 12th-April 9th

Location: Memorial Hall - Auditorium (83 Court St)

Time A: 11:15a-12:45p

Time B: 1:15p-2:45p

Fee: \$50 per person (5 classes - no class 2/20)

SPRING 2024 PROGRAMS

SMART SOCCER

This is a fun and exciting introduction to soccer for children. With a dynamic and active approach, this program focuses on learning through games and small-field play. Players experience our "Smart Soccer" philosophy of promoting fundamental skills and sportsmanship. We have partnered with New England Futsal to help coach the program.

Dates: Saturday April 6th - May 11th

Location: Forges Soccer Field #1 (83 Jordan Rd)

Age: 3

Group 1: 9:00a-9:30a

Group 5: 11:45a-12:15p

Group 6: 12:15p-12:45p

Group 7: 12:50p-1:20p

Fee: \$52 per child

Age: 4-5

Group 2: 9:35a-10:35a

Group 3: 10:40a-11:40a

Group 4: 11:45a-12:45p

Group 8: 12:50p-1:50p

Fee: \$82 per child

SMART SOCCER - DEVELOPMENTAL LEAGUE

For those children not ready for highly competitive play. The first two weeks will be practice and the next 4 weeks will consist of games versus the other developmental league teams.

Ages: 6-7

Dates: Saturday April 6th - May 11th

Time: 8:00a-9:00a Location: Forges Soccer Field #1 (83 Jordan Rd)

Fee: \$87 per child (fee includes 6 classes & team shirt)

NFL FLAG FOOTBALL LEAGUE

4 YEAR OLD DEVELOPMENTAL PROGRAM

This program is run by our Recreation staff. The goal of this program is to teach children a fun and non-competitive way to play the game of flag football. There are no teams for the league, and the program is strictly run by Recreation Staff. Space for the program is extremely limited.

Dates: Friday April 5th - May 17th (no flag 4/19)

Time: 4:30p-5:15p

Location: Forges Field (83 Jordan Rd)

Fee: \$82 per child (includes NFL Jersey)

5-6 YEAR OLD LEAGUE

The 5-6 year old league is structured a little different than our older leagues. Our emphasis for the younger age group is to really focus on your child learning the game of football, so when they do move on to the older league they are prepared for the competition. They will only practice/play on Thursdays; there will be no other practice requirements. We do not take special requests for team placement.

Dates: Thursday April 4th - May 16th (no flag 4/18)

Time: 5:00p-6:00p or 6:00p-7:00p

Location: Forges Field (83 Jordan Rd)

Fee: \$107 per child (includes NFL Jersey)

7-9 & 10-13 YEAR OLD LEAGUES

This extremely successful and competitive flag football league teaches fundamentals as well as good sportsmanship. Teams typically practice at least once a week and play one game a week. We do not take any special requests for player placement, all teams are done in a draft format. Players must attend at least 1 practice a week to be eligible for game play. Volunteer coaches are needed! ***Game nights are subject to change due to weather and make-ups, including weekends.

7-9 & 10-13 League Dates: Friday nights April 5th - May 31st (additional weeks for playoffs; no flag 4/19, 6 games)

Time: 5:30p, 6:30p, 7:30p or 8:30p

Location: Forges Adult Softball Field & Practice Football Field (83 Jordan Rd)

Fee: \$107 per child (includes NFL Jersey)

*Evaluations are required for ALL PLAYERS

You will be advised of evaluation times 1 week before your evaluation date.

REGISTRATION OPENS: NOVEMBER 20TH FOR PLYMOUTH RESIDENTS

NOVEMBER 27TH FOR NON-RESIDENTS

REGISTRATION CLOSSES: FEBRUARY 16TH OR WHEN FULL.

T-BALL

This program is designed to keep your favorite t-ball player active during the Spring months and to prepare your young athlete for the youth baseball leagues in town. Fee includes instruction and t-shirt.

*Please make sure to bring a glove, sneakers and water for your child.

*There are no player or team requests. Siblings will be placed together.

Location: Forges Jr. Baseball Field #1 & #2 (83 Jordan Rd)

Date: Sunday April 21st-May 19th

*fee includes 5 classes & team shirt

Age: 4-6

Time A: 9:45a-10:30a

Time B: 10:45a-11:30a

Time C: 11:45a-12:30p

Fee: \$67 per child

Age: 3

Time: 9:00a-9:30a

Fee: \$52 per child

RESIDENTIAL CUSTOMER



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ADULT COED SOFTBALL LEAGUE AGES 18+

Join our fun and competitive coed adult softball league! Teams play one game per week. We will start accepting team registrations Monday January 29th. Team registration forms plus a non-refundable deposit of \$150 is due upon registration. Teams will be taken on a first come first serve basis with the deposit. All remaining fees must be paid prior to April 5th, 2024. Failure to do so will result in forfeiting participation in the league and the team's registration deposit. Team applications are available online or in the Recreation office. If you need more information, email Anne Slusser at aslusser@plymouth-ma.gov. There is a MANDATORY USSSA bat testing done prior to the start of the season. Only bats tested and approved will be allowed to be used in our league.

Date: Monday-Thursday April 22nd - July 18th

(make-up games on Thursdays or Fridays) Location: Forges Adult Softball Field (83 Jordan Rd)

Time: 7:00p or 8:15p Fee: \$775 per team

(10 game season plus top 8 teams make the playoffs)

PLYMOUTH REC CORNHOLE TOURNAMENT

Break those winter blues and join us for our 7th annual Cornhole Tournament! Come challenge your friends and co-workers to a game of corn hole! Teams of 2 can register online at www.plymouthrec.com. Make sure to register early! Beer and wine will be available for purchase.

Date: Saturday March 2nd, 2024 Time: Registration & Warm-up 4:30-5:00pm - Bags Fly @ 5:00pm

Location: Memorial Hall Auditorium (83 Court St.) Fee: \$40 per team pre-registered or \$50 per team at the door (Teams of 2)
Must be 18+ to play

*All equipment is provided. Players cannot bring their own bags or boards.

PRIZES!! \$120 for 1st, \$80 for 2nd, \$60 for 3rd for Competitive Bracket & Gift Certificates will be awarded for the social bracket

To register for the event visit www.plymouthrec.com. If you do not have an account, you will need to create an account. If your phone number is showing you have an account, give the office a call and we can register you over the phone with a credit card.

HP

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